



HELEN M. RICADELA

July 10, 1954 - January 30, 2015

Helen M. Ricadela, 60, of Oak Ridge, passed away at her home on Friday, January 30, 2015 with her family by her side.

Helen was born on July 10, 1954 in Hackensack, NJ to Laura (Tomasulo) and Pasquale Catapano.

She married Robert W. Ricadela in 1975 and together they raised their family in Jefferson Township.

Helen attended the College of St. Elizabeth where she earned her BA in English, Secondary Education, and Special Education. She worked for the Jefferson Township Board of Education for many years as the Media Center Assistant.

She was a parishioner of the Oak Ridge Presbyterian Church where she served as an Elder, a Deacon, and a Sunday school teacher.

She served as the President of the Junior Women's Club and the President of the Music Boosters for the Jefferson Township High School.

Helen volunteered much of her time to the Jefferson Arts Committee, the Jefferson Township Friends of the Library, the PTA, as well as the Girls Scouts

and the Cub / Boy Scouts.

Helen owned and operated Sparta Mountain Farm, an educational farm, located at her residence in Oak Ridge, NJ.

She will be remembered lovingly by her family for her gardening, reading, spending time with her family, caring for her grandsons, and the countless hours she volunteered her time throughout the years.

Helen was predeceased by her beloved daughter Heather Marie and her dear brother Vincent Catapano.

She is survived by her adored husband Robert, of Oak Ridge; her loving children Jennifer Lauren and her husband Jeiris, Robert Vincent and his wife Kristin, Katrisha Marie, and Trebor Kristopher, her cherished grandchildren Jeiris Xavier, Aiyana Rose, and Lucien Vaughn-Robert; her dear nieces Jessica, Kimberly, and Erika, and her dear nephew Eric.

The family will receive visitors for a memorial visitation on Wednesday, February 4, 2015 from 3-5pm and 7-9pm at the Stickle-Soltesz Funeral Home, 187 Larue Road, Newfoundland, NJ (For GPS use 1 Post Place).

In lieu of flowers memorial donations may be made to the Sparta Cancer Center, 89 Sparta Ave. #130, Sparta, New Jersey.

Previous Events

Memorial Visitation

FEB 4. 3:00 PM - 5:00 PM (ET)

Stickle-Soltesz Funeral Home

187 La Rue Road

(Parallel to Route 23 North between Clinton Road and Union Valley Road)

Newfoundland, NJ 07435

(973) 697-6700

info@sticklesolteszfuneralhome.com

<https://www.sticklesolteszfuneralhome.com>

Memorial Visitation

FEB 4. 7:00 PM - 9:00 PM (ET)

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187 La Rue Road

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Newfoundland, NJ 07435

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Tribute Wall

LD

“ I am deeply saddened by the loss of Helen. My heartfelt feeling go out to you, Bob, and your family. I will pray for all of you with a special prayer for Helen.

Leon deFrance Jerseyite43@gmail.com

Leon deFrance - August 07, 2015 at 09:03 AM

MT

“ Helen will truly be missed. She was a great Mom and Grandmother. My prayers goes out to the family.

*Millie
Jeiris' Mom*

Millie Thomas - February 04, 2015 at 04:08 PM

PC

“ Pat Cole lit a candle in memory of HELEN M. RICADELA



Pat Cole - February 04, 2015 at 02:46 PM

PC

Our thoughts and prayers are with you. Helen was a great person.

Pat Cole - February 04, 2015 at 02:48 PM

JP

“ *Very sorry to hear of Helen's passing. She was an important member of the Jefferson community, very involved in Junior Woman' s club, scouting and Oak Ridge Presbyterian church. She will be missed.*

Jan Perrier

jan perrier - February 03, 2015 at 08:43 PM

TB

“ *Our thoughts and prayers are with all of you. She will be missed!*

Tracy Bakunas - February 03, 2015 at 06:40 PM

EP

“ *I am so sorry for your loss. I loved Helen and will always remember her sitting in my classroom surrounded by baby chicks. She was an amazing woman. She will be missed on earth. Love you Pecota*

elizabeth pecota - February 03, 2015 at 05:38 PM



“ *With Deepest Sympathy Gift Basket was purchased for the family of HELEN M. RICADELA.*



February 03, 2015 at 10:46 AM

D(

“ *So sorry for your loss. Helen always had a smile when I saw her. May she sleep peacefully in Gods arms.*

Deborah Stone (DeJager) - February 03, 2015 at 05:46 AM

MG

“ *Maria Gross lit a candle in memory of HELEN M. RICADELA*



Maria Gross - February 03, 2015 at 05:44 AM

KW

“ *I'm so very sorry for your loss. My heart goes out to you all.*

Kathleen Glynn Wypych

Kathleen Wypych - February 02, 2015 at 10:50 PM



“ *Arrive in Style was purchased for the family of HELEN M. RICADELA.*



February 02, 2015 at 10:08 PM



“ *Wildflower Seeds - Build A Memory Garden was purchased for the family of HELEN M. RICADELA.*



February 02, 2015 at 09:56 PM

RS

“ Dear Jenny my deepest condolences go out to you and your family !
As an adult who has gone through the pain of losing a mother I can only share that a part of you dies as well but you will learn to accept her loss and find joy in the life she lived. I leave you with this beautiful quote from an anonymous author and I hope that when you are missing her the most and feeling very sad you know your mother is right by your side.....

"A MOTHER thinks about her CHILDREN day and night. Even if they are not with her, and will love them in a way they will never understand.

Hugs: Rosa Sanchez-LePond

Rosa Sanchez-LePond - February 02, 2015 at 08:57 PM

HR

“ Helen was such a beautiful woman who brought happiness to all those around her. She will be greatly missed. Our prayers go out to her family. May God bless you with wonderful memories to remind you of the beautiful times you shared together. Love, Heather Rowens & Family



Heather Rowens - February 02, 2015 at 08:50 PM



“ My deepest sympathy to Mr Ricadela, Jen, Trish & Bobby. It was a honor to have known Helen for many yrs that started back in Jefferson Township Golden Falcon Marching Band! I will really miss her. Heaven gained a great angel as we lost a terrific person.



Walter Endlicher - February 02, 2015 at 08:27 PM

SP

“ *My deepest sympathy to you and your family.*

Sabrina Walsh Pugsley

Sabrina Walsh Pugsley - February 02, 2015 at 08:15 PM

EO

“ *Ellen Olivieri lit a candle in memory of HELEN
M. RICADELA*



Ellen Olivieri - February 02, 2015 at 08:06 PM

AR

“ *To Jenn and Family,
I send you my deepest sympathy at hearing
of your loss. Heaven has gained a new angel
to watch over her family. Jenn, your Mom will
always be with you. I will keep you and your
family in my thoughts and prayers. May God watch over you all.*



Love, Anna Rivera (McKinley School, retired)

Anna Rivera - February 02, 2015 at 08:05 PM

TS

“ Bob, Trish and family you have my deepest sympathy. My heart is breaking for your loss. Helen was such a warrior. She never complained, always had a smile on her face and she always had a witty come back. She truly a beautiful woman inside and out. She will be missed by a great many people. I know that she touched my life in the few years that I was privileged to get to know her and your family. You are in my prayers.

Tara Suplicki - February 02, 2015 at 11:31 AM

KH

“ My deepest sympathy to Bob and family. Helen was such a big supporter of all of us in Scouting. She will be missed.

Ken Hunt - February 01, 2015 at 08:01 PM

LR

“ Laurie Ann Ross lit a candle in memory of
HELEN M. RICADELA



Laurie Ann Ross - February 01, 2015 at 05:02 PM

LR

“ Bobby, Katrisha, Trebor, Bobby, and Jennifer,

I can still remember the day when I was 11 years old, and you, Bobby, walked into the kitchen of our house in Wood-Ridge, with Helen in tow, and said matter-of-factly to my mom... "Aunt Re, this is Helen." It was around 1970, and from that moment on, it was always, always, Bobby and Helen, whenever we referred to you. Helen was a fighter, and it is the characteristic that I admired most about her. When I think of her, I will smile, and will rest knowing that the love and memories we have of her will never be farther away than our hearts. I love you all...

Cousin Laurie Ann

Laurie Ann Ross - February 01, 2015 at 05:00 PM

CW

As long as I've known Laurie Ann & her family, it was always Bobby & Helen. I remember them as teenagers, always together and so in love. I am so very sorry to hear this news - but am glad to know Helen's pain is now gone. I am sure she is watching over all of you - God Bless.

Cecilia White

Cecilia White - February 03, 2015 at 03:31 PM

FF

“ Dear Jen and family,
I am sorry for the loss of such a valuable and special person in your life. Always remember that your mom will continue to be an inspiration to you and your family, even though she is with the Lord. She will live on in your memories and thoughts each day. My deepest sympathy and friendship.



Love, Fran Farina (McKinley School)

Fran Farina - February 01, 2015 at 08:32 AM

KB

“ *Bob, hugs and prayers to you and your family.
From The Boze Family*

Karen Boze - February 01, 2015 at 12:14 AM

SY

“ *Our heartfelt sympathies to your family on the loss of Helen. She was a courageous woman and the love of her family was a source of her strength. No words will ease your emotional burden, but we pray that cherished memories and the knowledge she is now pain free will provide you some comfort in the days ahead.
With love and thoughtful prayers for you,
Sue and Les Young*

Sue and Les Young - January 31, 2015 at 10:54 PM

NN

“ *Bob and Family,
We are so very sorry for your loss of a wonderful wife, mother and friend. Helen was a very courageous woman , she fought a huge fight for a long time and in my eyes she is a hero, She always had a smile on her face and good things to say regardless of how she felt at that moment and she did that to protect her friends and family from seeing what she was going through. Heaven gained an Angel ,she will be at your side protecting and guiding you through life. She loved all of you so much ! We wish all of you peace and comfort in all the great memories you shared. Rest in Peace Helen, you will always be with us in spirit.
With love and sincere sympathy,
Guy and Nancy Natoli*



Nancy Natoli - January 31, 2015 at 09:32 PM

LR

“ Louise La Rosa sent a virtual gift in memory of
HELEN M. RICADELA



Louise La Rosa - January 31, 2015 at 06:09 PM

LR

“ Louise La Rosa lit a candle in memory of
HELEN M. RICADELA



Louise La Rosa - January 31, 2015 at 06:04 PM

PH

“ Sorry to hear the news of Helen leaving us for Heaven. I always
wished I lived closer by. Helen will always be very special to me. My
prayer to the family. Pat Casey Hughes

Pat Casey Hughes - January 31, 2015 at 05:57 PM

LY

“ Helen was a true and wonderful friend. I will miss everything about
her and will be forever inspired by her strength.
-Lisa Young

Lisa Young - January 31, 2015 at 05:07 PM

Alice Reines

“ Alice Reines lit a candle in memory of HELEN M. RICADELA



Alice Reines - January 31, 2015 at 04:37 PM

Alice Reines

“ I'm so sorry. Helen put everyone else first and there was nothing more important to her than you all. She was so funny, and told it like it was! There are so many good memories! Helen will always live in my heart, as you all do.

Alice Reines - January 31, 2015 at 04:36 PM

LR

“ Dear Bob,Jenn,Katrishya,Bobby,Trebor,Jeiris Lucien and Aiyana .Our condolences.You know My heart is broken.You know she loved each of you with all her heart..My thoughts,Prayers and hugs are with you.I know no words can help the pain now but cherish all the great memoirs!I love you all.R.I.P. To my Bestest Buddy Helen ! Love you and will always miss you!! was lucky and So glad we were friends forever and I will cherish all the memories we made. You were the bravest strongest person I know, you fought hard till the end.You were a great wife,mother,grandma and friend.You always thought of family before yourself!You would do anything you could for anyone. I will miss your voice,your giggle ,Smile and hugs buddy!i am happy you have no more pain.I know your with your family in heaven . Your family and friends here will never forget you and you will always be missed.I know you will be watching over us!
🥹❤️ Love always your best buddy Lou ?XOXO

Louise La Rosa - January 31, 2015 at 04:11 PM

AR

“ Alice Reines lit a candle in memory of HELEN M. RICADELA



Alice Reines - January 31, 2015 at 03:47 PM

AR

“ I'm so sorry . She will always be in my heart. As you all are. Lots of memories though out the years. Helen put everyone else first. A truly special person. ??

Alice Reines - January 31, 2015 at 03:41 PM



“ Sentiments of Serenity Spray was purchased for the family of HELEN M. RICADELA.



January 31, 2015 at 03:03 PM

JL

“ Dear Bob and Family, Our deepest sympathy and prayers go out to you and your family....I remember we were all young and what great times we had with Helen and all the cousins....she was always such a funny and happy person....her smile would brighten anyones day.....She will surely be missed....may she rest in peace and always be in our hearts and wonderful memories.....John Lesieur and family

John Lesieur - January 31, 2015 at 08:30 AM

JL

“ May Our Lord Jesus the Christ comfort your spirits. Cousin Helen was spirited and funny when we were kids. Now she is with those who had gone on before her. She's walking around Big Eyed like a child in a candy store...seeing Jesus, family and the old Bible greets....wow! Father God, we bless you and glorify your Holy Name. We give thanks to you for placing Helen in our lives as we remember the prayer of your Son Jesus; "Father, I pray that they be with Us so that they will see Us in Our Glory". Thank you Father....In Jesus Name ...amen.
Keep the Faith.....all my love, cousin Joseph Lesieur.

Joseph Lesieur - January 30, 2015 at 10:39 PM

DL

“ Bob and family, She is now at peace with the Lord. She knew where she was going when the time came and was so at ease with that fact. I am so sorry about the tremendous loss. I am going to miss her voice and her cute chuckle! She was a great person and I have many memories of her from when we were younger. My deepest sympathy!! Cousin Dee

Dee Leach - January 30, 2015 at 06:28 PM

LO

I always remember Helen as being funny and upbeat! She could make anyone smile. We were all close when we lived in Brooklyn. I am glad I was able to keep track of her through her Facebook page. Bob, may God give your family peace and comfort in knowing that she is in the Maker's hands. Cousin Lorraine

Lorraine - January 31, 2015 at 10:36 AM

DR

Bob and Family, for once I am at a loss for words because at times like this words are inadequate. At least now her suffering is over. My thoughts are with you all.
Dave

Dave Reines - January 31, 2015 at 03:47 PM

KD

Bobby and Family..Rich and I are so sad to hear about the loss of your Helen . Helen and I had such fun being Tamarack Council's Wakanta Indian Dance Team groupies...being with "our guys" when they danced in different venues and events when we were in high school and college.We were so happy to reconnect with you and your family during the past couple of years. You and Helen raised a wonderful, close family and I am sure many people, including students, have warm memories of Helen. ((HUGS)) to you all.....Kathy and Richy DeCecco

Kathy DeCecco - January 31, 2015 at 03:57 PM



I only recently met Helen because she attended my daughter's plays at came to the functions at DMS. What a terrific lady with a golden heart. May her memory be eternal and may she get the rest she deserves for the her brave battle. God bless.

Maria Baker - January 31, 2015 at 04:10 PM

BR

Thank you all for your good memories and comments about Helen. She was a true Angel in life and will carry on in Heaven.

Bob Ricadela - January 31, 2015 at 06:37 PM

MA

I am so sorry for your loss. Our prayers are with you and your family.

Madelyn Aragon - February 01, 2015 at 09:22 AM

MM

Our sincerest condolences for the loss of your mother and wife. Helen was a very kind person and always a pleasure to be with. She fought a brave and long battle, but she is at peace now and with our Lord. It was a pleasure knowing her. An inspiration to others who are suffering.

Marie and Joe Malak

Marie and Joe Malak - February 02, 2015 at 03:31 AM

JK

Bob and family,

I am so sorry for your loss. I will always remember Helen for the kind and gentle soul she was. She had a lust for life and lived it to the fullest. Her suffering is over and there is another angel in heaven. Although she has gone "home", she will live eternally in the hearts and minds of all those who knew and loved her.

Joan and Bob Konarski

Joan Konarski - February 02, 2015 at 06:04 AM